

# Primary Autumn 2017 Menu

## Week 1



	<b>Mediterranean</b>	<b>Family Favourites</b>	<b>Traditional</b>	<b>Global Adventure</b>	<b>Fun Day</b>
<b>Hot Main Dish</b>	<b>Vegetable Supreme Pizza**</b> <i>with Jacket Wedges</i>	<b>Beef &amp; Vegetable Pie</b> <i>with New Potatoes</i>	<b>Roast Chicken and Bud's Crispy Spuds &amp; Gravy</b>	<b>Chinese Chicken with Noodles</b>	<b>Crispy Fish and Chips</b>
<b>Alternative Dish</b>	<b>Vegeballs in Tomato Sauce with Pasta</b>	<b>Sweet Potato and Bean Enchilada</b>	<b>Cheese Whirl</b>	<b>Very Vegetable Biryani</b>	<b>Veggie Hot Dog with Chips</b>
<b>Vegetables</b>	House Coleslaw Peas	Green Beans Cauliflower	Braised Red Cabbage Carrots	Broccoli Sweetcorn	Baked Beans Peas
<b>Desserts</b>	<b>Wedges of Melon Orange</b>	<b>Jam and Coconut Sponge</b> <i>With Custard</i>	<b>Soft Cheese and Crackers</b>  <i>Fresh Fruit</i>	<b>Fruit in Jelly</b>	<b>Mini Chocolate and Banana Brownie</b>

Cool Water, Fresh Fruit and Yoghurt served daily

\*Fruit Based \*\*Wholegrain

(No Salmon/Tuna Jacket Potato Topping)



# Primary Autumn 2017 Menu

## Week 2



	<b>Mediterranean</b>	<b>Family Favourites</b>	<b>Traditional</b>	<b>Global Adventure</b>	<b>Fun Day</b>
<b>Hot Main Dish</b>	<b>Pasta Pack's Mac 'N' Cheese</b> <i>Macaroni Cheese</i>	<b>Bangers with a Mash Mountain</b> <i>Pork sausages with a Creamy Mash and Gravy</i>	<b>Roast Turkey with Bud's Crispy Spuds</b> <i>and Gravy</i>	<b>Savoury Chilli Beef</b> <i>with Rice</i>	<b>Crispy Fish and Chips</b>
<b>Alternative Dish</b>	<b>Boston Bean Casserole</b> <i>with Rice **</i>	<b>Vegetarian Bangers with a Mash Mountain</b> <i>Vegetarian Sausages with a Creamy Mash and Gravy</i>	<b>Super Quorn Roast</b> <i>Quorn Roast with Roast Potatoes with Gravy</i>	<b>Cheesy Basil Pasta **</b> <i>with Peppers</i>	<b>Bean and potato Burrito</b> <i>with Chips</i>
<b>Vegetables</b>	Broccoli Crunchy Salad	Carrots Seasonal Cabbage	Peas Swede	Sweetcorn Green Beans	Baked Beans Crunchy Light Coleslaw
<b>Desserts</b>	<b>Chocolate and Mandarin Sponge* with Chocolate Sauce</b>	<b>Oatie Biscuit</b> <i>with Fruit Slices*</i>	<b>Berry Flapjack</b>	<b>Carrot &amp; Pineapple Cake Slice</b>	<b>Strawberry Cheesecake</b>

Cool Water, Fresh Fruit and Yoghurt served daily

\*Fruit Based \*\*Wholegrain

(No Salmon/Tuna Jacket Potato Topping)



# Primary Autumn 2017 Menu Week 3



	<b>Mediterranean</b>	<b>Family Favourites</b>	<b>Traditional</b>	<b>Global Adventure</b>	<b>Fun Day</b>
<b>Hot Main Dish</b>	<b>Mega Mozzarella &amp; Tomato Pizza</b> ** <i>with Oven Baked Wedges</i>	<b>Chicken Tikka Thigh</b> <i>With Rice</i>	<b>Roast Chicken with Bud's Crispy Spuds and Gravy</b>	<b>Pasta Pack's Pasta Bolognaise</b> **	<b>Crispy Fish and Chips</b>
<b>Alternative Dish</b>	<b>Quorn Sausage and Tomato Pasta Bake</b> ** <i>with a Bread Wedge</i>	<b>Shepherdess Pie</b>	<b>Baked Bean Omelette</b>	<b>Mild Yellow Vegetable Curry</b> <i>with Rice</i>	<b>Fab Veggie Quesadilla</b> <i>with Chips</i>
<b>Vegetables</b>	Peas Apple Slaw	Broccoli Fresh Tomato Salsa	Roast Parsnip Sweetcorn	Green Beans Carrots	Baked Beans Peas
<b>Desserts</b>	<b>Creamy Rice Pudding</b> <i>with Fruit</i>	<b>Apple Crumble</b> <i>With Custard</i>	<b>Mini Gingerbread Cake</b> <i>and Fresh Fruit*</i>	<b>Chocolate Sultana Crispie</b>	<b>Ice Cream</b> <i>with Fresh Fruit</i>

Cool Water, Fresh Fruit and Yoghurt served daily

\*Fruit Based \*\*Wholegrain

(No Salmon/Tuna Jacket Potato Topping)

